At the Market Class I Book 8



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Department of School Education
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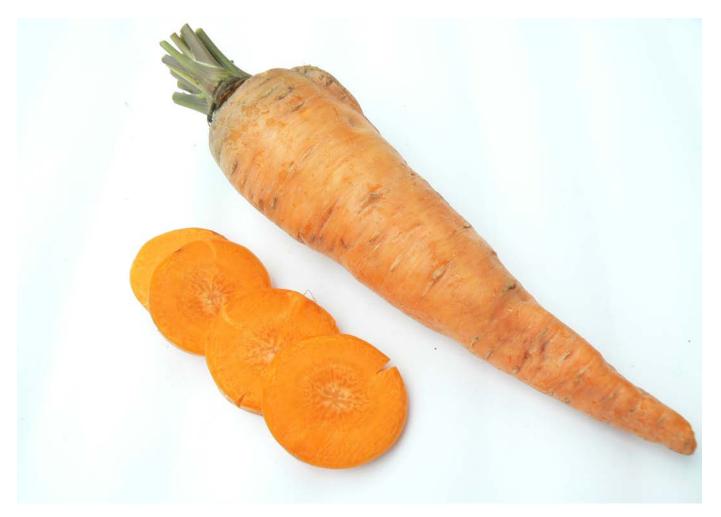
This is a market in Paro.
There are lots of things to buy.

Here are some carrots.

Some farmers grow carrots in their garden.

Carrots are orange in colour.

They are good for your body.



Here are some fiddleheads.
They grow near the stream and in the forest.
People collect and sell them.
We eat fiddleheads as a vegetable.



Here are grapes.
They come from India.
The purple grapes are sweet.
Green grapes are sweet too but some of them are sour.
You must wash the grapes before you eat them.



Here are some strawberries.

Some farmers grow strawberries. They are big.

Strawberries also grow in the forest. They are small.

We must wash them before we eat them.



Here is some butter.
It is made from milk.
We use butter to make suja.
We also use butter to make desi.



Here are bottles of butter-milk.

It is made from milk.

After the butter is taken out, what is left is butter-milk.

We drink butter-milk with rice.



Here are some chugoes.
Chugoes are hard cheese.
They are made from yak milk.
They are made in Bumthang, Haa and Laya.



Here is some popcorn.
It is made from maize.
Farmers grow maize in their fields.
People like popcorn for snacks.



Here are some flowers.
They are pink hydrangeas and red begonias.
Many people grow flowers in pots to make their houses look beautiful.



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