

# GOOD MORNING

1. Good morning, good morning,  
The sun is up today.  
Good morning, good morning,

The sun is up today.  
Good morning to our friends at school,  
It's a lovely day.  
Good morning, good morning,  
The sun is up today.

2. Kuzu Zangpo ...

3. Namaste...

4. Good Afternoon...

Children can choose one of the following  
to sing the song:  
There is no sun today,  
It is cloudy today  
It is raining today etc.

# HOP A LITTLE

Hop a little, jump a little,  
One, two, three;  
Run a little, skip a little  
Tap, tap on your knee.  
Bend a little, stretch a little,  
Nod your head;  
Yawn a little, sleep a little,  
In your bed.

Bend a little, stretch a little,  
Nod your head;  
Yawn a little, sleep a little,  
In your bed.

# ROLY POLY

Roly poly, roly poly  
Up, Up, Up  
Roly poly roly poly  
Down, down, down  
Roly poly...  
In, in, in

Roly poly...  
Out, out, out  
Roly poly...  
Round, round, round.

# MANNERS

(Sing to the tune: Twinkle twinkle)

We say, "Thank you. We say, "Please."  
We don't interrupt, We don't tease.  
We don't argue. We don't fuss.  
We listen when folks talk to us.  
We share our toys, we take our turn  
Good manners are easy for us to learn.

# WHERE IS TASHI

(Tune: Are you sleeping)

A morning song or for circle time.

Teacher: Where is Tashi? Where is Tashi?

Linda: Here I am, here I am.

Teacher: How are you this morning:

Linda: Very well, I thank you.

Teacher: Hop away. Hop away.

(Tashi hops away)

Repeat using other children. Also vary the final action: walk, skip, or jump away, etc or stay and play.

# THIS IS THE WAY WE SIT ON THE CHAIR

This is the way we sit on the chair  
This is the way we stand on the floor  
This is the way we point to the door  
This is the way we point to the window  
This is the way we keep our bags  
This is the way we fold our arms.

(The teacher can add other class room instructions  
to the rhyme)

## TEDDYBEAR, TEDDYBEAR

Teddybear, teddybear  
Turn around.  
Teddybear, teddybear ,  
Touch the ground.  
Teddybear, teddybear ,  
Polish your shoes.  
Teddybear, teddybear,  
Off to school.



# WALKING IN THE JUNGLE

Walking in the jungle,  
What do I see?  
A long snake looking at  
me, me, me.

Walking in the jungle,  
What do I see?  
A small mouse looking at  
me, me, me.

Walking in the jungle,  
What do I see?  
A big tiger looking for her  
tea, tea, tea!

# SHAPES

Triangles have three sides  
Squares and rectangles have four  
Circles go around and around  
And around forever more.

# WHAT SHAPE IS THIS?

(Tune: The Muffin Man)

Do you know what shape this is,  
What shape this is, what shape this is?  
Do you know what shape this is  
I'm holding in my hand?

# IT'S TIME TO CLEAN UP

(Tune: Are You Sleeping)

Are you helping,  
Are you helping  
Pick up toys,  
Pick up toys  
Let us all be helpers,  
Let us all be helpers,  
Girls and boys,  
Girls and boys.

# DAYS OF THE WEEK

(Tune: Chilly Eating)

There are seven days, there are seven days,  
there are seven days in a week  
Sunday, Monday, Tuesday, Wednesday, Thursday,  
Friday, Saturday.  
SUNDAY, MONDAY, TUESDAY, WEDNESDAY,  
THURSDAY, FRIDAY, SATURDAY

(say days while counting off on fingers)

## MONDAY TUESDAY

Monday, Tuesday, Wednesday, Thursday,  
Friday, Saturday, Sunday too.

Some days holidays, somedays school. (2 times)

Monday, Tuesday, Wednesday, Thursday,  
Friday, Saturday, Sunday too.

# RAIN

Rain, rain go away.  
Come again another day,  
Little Johnny wants to play.

Rain, rain go to Spain,  
Never show your face again.

Rain on the green grass,  
And rain on the tree,  
Rain on the house-top,  
But not on me.

# THUNDER

(Tune: Are You Sleeping)

I hear thunder, I hear thunder  
Oh! Don't you? Oh! Don't you?  
Pitter-patter raindrops, pitter-patter raindrops  
I'm wet through, I'm wet through.  
So are you, so are you.

# ALPHABET SONG

A B C D E F G  
H I J K L M N O P  
Q R S T U and V  
W X Y and Z.

Now I've learned my ABCs. Tell me what you think  
of me!

(Teachers Note: The final line also has the variant -  
Next time won't you sing with me.)

# PAT-A-CAKE

Pat-a-cake, pat-a-cake, baker's man,  
Bake me a cake as fast as you can;  
Pat it and prick it and mark it with a T,  
And put it in the oven for teacher and me.

# THE GOOD FOOD SONG

(Tune: "Old MacDonald Had A Farm")

Vegetables are good for me,  
EE I EE I O

And so I eat them happily,  
EE I EE I O

With a carrot, carrot here,  
and a carrot, carrot there  
Here a carrot, there a carrot  
Everywhere a carrot, carrot.  
Vegetables are good for me,  
EE I EE I O.



# FRUIT SALAD

(Tune: Are You Sleeping)



Water melon, water melon  
Pine apple, pine apple  
Banana na na ( 2 times)  
Fruit salad, Fruit salad

Gauva, mango, gauva mango  
Apricot, apricot  
Litche che che che che (2 times)  
Fruit salad fruit salad

Apple, orange, apple orange  
Cucumber, cucumber  
Papaya ya...ya..ya... (2 times)  
Fruit salad, Fruit salad.

# HERE WE GO ROUND THE MULBERRY BUSH

(The children stand in a circle and copy the actions as sung in each verse. For the main verse the children hold hand and move around in a circle. Do the main verse between each action verse.)

Here we go round the mulberry bush, the mulberry  
bush, the mulberry bush,  
Here we go round the mulberry bush on a sunny  
morning

This is the way we brush our hair etc  
This is the way we brush our teeth etc  
This is the way we wash our clothes etc  
This is the way we wash our face etc  
This is the way we polish our shoes etc

# FAMILY SONG

(Tune: Are you sleeping)

My dear father  
My dear father  
Brother, sister  
Brother, sister  
Father, mother, brother, sister  
Father, mother, brother, sister  
How are you?  
I love you.

# BARNEY SONG

(Tune: This Old Man - Old rhyme book)

I love you.  
You love me.  
We're a happy family.  
With a great big hug and a kiss from me to you.  
Won't you say you love me too.

# HEAD AND SHOULDER

Head and shoulder,  
Head and shoulder,  
Knees and toes,  
Knees and toes,  
Eyes and ears and nose and mouth,  
Eyes and ears and nose and mouth,  
Knees and toes,  
Knees and toes.

# I WIGGLE

(Wiggle the body parts as they are mentioned.)

I wiggle my fingers,  
I wiggle my toes,  
I wiggle my nose,  
I wiggle my shoulders,  
Now no more wiggles are left in me,  
So I will sit as still as can be.

# DORJI'S GHO

Dorji is wearing a red and green gho,  
Red and green gho, red and green gho,  
Dorji is wearing a red and green gho,  
All day long.

Dechen is wearing a blue and yellow kira  
Blue and yellow kira, blue and yellow kira,  
Dechen is wearing a blue and yellow kira,  
All day long.

## WHAT THE ANIMALS SAY

Little pup, little pup,  
What do you say?  
“Woof, woof, woof!  
Lets go and play.”



Courtesy: [www.edwardstraining.net](http://www.edwardstraining.net)



Courtesy: [www.iacuc.arizona.edu](http://www.iacuc.arizona.edu)

Kitty cat, kitty cat,  
How about you?  
'Meow, meow, meow!  
And I purr too.'

Pretty bird, pretty bird.  
Have you a song?  
"Tweet, tweet, tweet!  
The whole day long."



Courtesy: [www.greenandgold.uaa.alaska.edu](http://www.greenandgold.uaa.alaska.edu)



Courtesy: [www.andrewgriffithsblog.com](http://www.andrewgriffithsblog.com)

Jersey cow, Jersey cow,  
What do you do?  
"Moo, moo, moo!  
And give milk too."

Little lamb, little lamb,  
What do you say?  
"Baa, baa, baa!  
Can Mary play?"



Courtesy: [www.aznliu.wordpress.com](http://www.aznliu.wordpress.com)

# IF YOU'RE HAPPY AND YOU KNOW IT

(Sound Song)

1. If you're happy and you know it,  
Arch your back "a" "a"  
If you're happy and you know it,  
Arch your back "a" "a"  
If you're happy and you know it,  
Then your face will surely show it  
If you're happy and you know it,  
Arch your back "a" "a"
2. Bounce around "b" "b".
3. Catch a ball "c" "c"...
4. Dance with me "d" "d"...
5. Fall down "f" "f"...
6. Gallop like a horse "g" "g"...
7. Hop on one foot "h" "h"...
8. Jump so high "j" "j"...
9. Kick in the air "k" "k"...
10. Laugh out loud "l" "l"...
11. March in place "m" "m"...
12. Nod your head "n" "n"...
13. Paint a picture "p" "p"...
14. Run in place "r" "r"...
15. Sit on the floor "s" "s"...
16. Talk to me "t" "t"...

17. Vacuum the rug “v” “v”...
18. Walk around “w” “w”...
19. Yawn right now “y” “y”...
20. Zip your zipper “z” “z”...

## TEN LITTLE FINGERS

Ten little fingers, ten little toes,  
Two little ears, and one little nose.  
Two little eyes, that shine so bright,  
And one little mouth,  
To kiss mother goodnight.

## NIMA KARMA

(Tune: Old Mac Donald had a Farm)

Nima Karma had a farm, E I E I O  
And on that farm he had a cat, E I E I O  
With a meow, meow here and a meow, meow  
there

Here a meow, there a meow,  
Everywhere a meow, meow  
Nima Karma had a farm, E I E I O.

Repeat with...cow (moo, moo),  
dog (woof, woof) etc.

# THE WHEELS OF THE BUS

The wheels of the bus go round and round,  
Round and round, round and round,  
The wheels of the bus go round and round,  
All day long.  
The engine on the bus goes vroom, vroom,  
vroom, ..etc.  
The horn on the bus goes beep, beep, beep, ..etc.  
The people on the bus stand up, sit down, ..etc.  
The people at the stop shout wait for me, ..etc.  
The wipers on the bus go swish, swish, swish, ..etc.

## SHARING SONG

(Tune: Are You Sleeping)

Are you sharing,  
Are you sharing,  
Little ones,  
Little ones?

Sharing is caring,  
Caring is sharing,  
Be a friend!  
Be a friend!

## AFTER A BATH

After a bath, I try, try, try,  
To wipe myself, till I'm dry, dry, dry,  
Hands to wipe and fingers and toes,  
And two wet legs and a shiny nose.

## COCKS CROW IN THE MORN

Cocks crow in the morn  
To tell us to rise  
And he who lies late  
Will never be wise.

For early to bed  
And early to rise  
Makes a man healthy,  
Wealthy and wise.

# MRS. HEN

(Tune: Wee Willie Winkle)

Chook, chook, chook, chook, chook,  
Good morning Mrs. Hen.  
How many chicks have you got?  
Madam I've got ten.  
Four of them are yellow,  
Four of them are brown,  
And two of them are speckled red,  
The nicest in the town.

# GOING TO THE ZOO

Daddy's taking us to the zoo tomorrow,  
Zoo tomorrow, zoo tomorrow,  
Daddy's taking us to the zoo tomorrow,  
We can stay all day.  
We're going to the zoo, zoo, zoo,  
How about you, you, you?  
You can come too, too, too,  
We're going to the zoo, zoo, zoo. (Chorus. to be  
sung between each verse)

See the elephant with the long trunk swinging,  
Great big ears and long trunk swinging,  
Sniffing up peanuts with the long trunk swinging,  
We can stay all day.

See the monkeys all scritch, scritch, scratching,  
Jumping all around and scritch, scritch, scratching,  
Hanging by their long tails scritch, scritch,  
scratching,  
We can stay all day.

Big black bear all huff, huff a puffing,  
Coats too heavy, he's a huff, huff a puffing,  
Don't get too near the huff, huff a puffing,  
Or you won't stay all day.

## HOW DOES THE CORN GO

How does the corn go, pop, pop, pop.  
How does the knife go, chop, chop, chop.  
How does the watch go, tick, tick, tick.  
How does the jam go, lick, lick, lick.  
How does the train go, choo, choo, choo.  
Let's be quiet, shh, shh, shh.

# I SEE A CAT

I see a cat.  
I see a big cat.  
I see a big, fat cat.  
I see a big, fat cat on a mat.  
I see a big, fat cat on my lap!

I see a rat.  
I see a big rat.  
I see a big, fat rat.  
I see a big, fat rat on a mat.  
I will NOT see a big, fat rat on my lap!

# LITTLE PETER RABBIT

Little Peter rabbit had a fly upon his nose,  
Little Peter rabbit had a fly upon his nose,  
Little Peter rabbit had a fly upon his nose,  
And he flicked it and it flew away.  
Clever, clever Peter rabbit,  
Clever, clever Peter rabbit,  
Clever, clever Peter rabbit,  
And he flicked it and it flew away.

## LITTLE BO PEEP

Little Bo Peep has lost her sheep,  
And can't tell where to find them;  
Leave them alone, and they'll come home,  
Bringing their tails behind them.

## THERE WAS AN OLD WOMAN

There was an old woman who swallowed a fly,  
I wonder why she swallowed a fly  
Perhaps she'll die.

There was an old lady who swallowed a spider,  
That wriggled and wriggled and wriggled inside her.

She swallowed the spider to catch the fly  
I wonder why she swallowed the fly  
Perhaps she'll die.

There was an old woman who swallowed a bird  
How absurd to swallow a bird  
She swallowed the bird to catch the spider etc.  
There was an old lady who swallowed a cat  
Fancy that she swallowed a cat.

She swallowed the cat to catch the bird etc.  
There was an old woman who swallowed a dog.  
She wanted the whole hog and swallowed a dog  
She swallowed the dog to catch the cat etc.

There was an old woman who swallowed a cow  
I wonder how she swallowed a cow  
She swallowed the cow to catch the dog etc.

There was an old woman who swallowed a horse  
She's gone of course.

## ONE, TWO, THREE

One two, three, four, five,  
Once I caught a fish alive  
Six, seven, eight, nine, ten,  
Then I let it go again.  
Why did you let it go?  
Because it bit my finger so.  
Which finger did it bite?  
This little finger on my right.

# AN ELEPHANT

An elephant, so big so fat  
He walks like this  
And he walks like that.  
He has no hands,  
And he has no toes,  
Goodness! Gracious!  
What a long nose!

# MONKEY ON THE BED

(Action poem)

Five little monkeys jumping on the bed.  
One fell off and bumped his head.  
Mama called the doctor and the doctor said,  
"No more monkeys jumping on the bed!"  
Four little monkeys jumping on the bed,  
three little monkeys jumping on the bed,  
(and so on).

# WHERE IS THUMBKIN

(Tune: Are You Sleeping)

*(Teachers Note: Hide hands behind back and bring out hand with appropriate finger raised)*

Where is Thumbkin?  
Where is Thumbkin?  
Here I am. Here I am.  
How are you this morning?  
Very well I thank you.  
Run and play. Run and play.  
Where is Pointer  
...Tall Man  
...Ring Man  
...Pinky  
...the whole family.

# THE COLOUR SONG

Red and yellow and pink and green,  
Purple and orange and blue.  
I can sing a rainbow, sing a rainbow,  
Sing a rainbow too.

Listen with your eyes, listen with your eyes,  
And sing everything you see.  
You can sing a rainbow, sing a rainbow  
Sing along with me.

Red and yellow and pink and green,  
Purple and orange and blue.  
Now we can sing a rainbow, sing a rainbow,  
Sing a rainbow too.

## IF YOU ARE HAPPY

If you are happy and you know it  
Clap your hands  
If you are happy and you know it  
Clap your hands  
If you are happy and you know it ,  
and you really want to show it  
If you are happy and you know it , clap your hands.

Snap your finger, slap your thigh, stamp your feet,  
laugh aloud,do all five.